

SUPPORT THE Y STRENGTHEN YOUR COMMUNITY

Financial assistance keeps the Y available for kids and families who need us most. We count on the generosity of our members and community to help people of all ages and from all walks of life be more healthy, confident, connected and secure. When you give to the Y, your gift will have a meaningful, enduring impact right in your own neighborhood for many years.

The Y uses your gift to make an enduring impact right in your own neighborhood.



- \$125** a child can gain new skills and confidence at 1 week of **day camp**
- \$45** a grandmother raising her daughter's child can receive 1 week of subsidized **after school care**
- \$54** a single dad **joins the Y** and visits with his children for 1 month
- \$18** a senior can stay active and social in a **fitness class** for 7 weeks
- \$37** an adult can **learn how to swim** and enjoy the water with their children
- \$75** A teen can volunteer in their community and **become a leader**



Strong Kids Annual
Support Campaign
A YMCA Initiative

The Y is the unparalleled cause for strengthening community because we are the community. We are a powerful association of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.

We believe that lasting personal and social change only come about when we all work together to invest in our kids, our health and our neighbors. That's why, at the Y, strengthening community is our cause. Every day, we work side by side with our neighbors make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

PAV YMCA
2947 S. Oak Park Ave.
Berwyn, IL 60402
78-749-0606
Visit www.PavYMCA.org



Make a gift today!



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TURN YOUR GIFT INTO...





THEIR POTENTIAL

Because we believe that all kids deserve the opportunity to discover who they are and what they can achieve, the Y is for Youth Development. Through the Y millions of youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement. Y activities give our children the opportunity to become confident kids today and healthier, happier grown-ups tomorrow.

THEIR HEALTH

Improving the nation's health and well-being is a priority for the Y. At the Y, we help children and adults understand and value their health, and we nurture their well-being. We offer resources and guidance to maintain or improve physical activity, health and wellness. The Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared experiences. As a result, youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body.

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THEIR FUTURE

At the Y, strengthening community is our cause. The Y has been listening and responding to our communities' most critical needs for 160 years. Whether developing skills or emotional well-being, welcoming and connecting diverse populations or advocating for healthier communities, the Y fosters the care and respect all people need and deserve.

Across America, our staff and volunteers are kids, parents, grandparents, neighbors and local leaders who are all personally committed to understanding what our neighborhoods need. Together we can build stronger, more inclusive communities, provide support for families and promote positive change overall.